



A WEEK OF WELL-BEING AND RELAXATION AT MONTICELLI TERME

Culture and Flavours of Emilia Romagna

Valid from April 1st, 2004 through January 1st, 2005

During your stay, you will discover the pleasure and the relaxation of thermal baths and spa treatments, according to your needs, in one of the most specialized centres in Italy. An oasis of peace, immersed in a age-old park, where you may recover your psychological and physical balance or cure a wide array of problems with the most natural of all elements: water. The pleasure of the senses will be concluded with dinners and tasting occasions of typical products, whereas the pleasure of the mind will consist of the comprehension of the productivity cycles of some of the products that are present on our dinner tables.

DAY 1 - Saturday

At 7 p.m., welcome drink at the hotel, which is located only a few kilometres from Parma, in order to get acquainted with the typical welcoming atmosphere of Emilia Romagna. Dinner at the hotel restaurant.

DAY 2 - Sunday

After breakfast, the "pleasure trip" begins with spa treatments (one of three available formulas) and the brand new pool or the beneficial effects of the sauna or Turkish bath.

Lunch at the hotel restaurant.

Afternoon visit to a characteristic ham factory to discover the productive cycle of the famous *Prosciutto di Parma* and to taste its delicious flavour accompanied by a glass of local wine.

Guided visit to Parma.

Dinner at a *trattoria* in Parma.



DAY 3 - Monday

After breakfast, the spa treatments continue.

Lunch at the hotel restaurant.

Afternoon visit to Bologna to discover the history and secrets of this medieval city which is famous for its Two Towers, the *Piazza Maggiore*, the most ancient University in western civilization (1088) and more than 40 km of arcades, the longest in the world, recognized by UNESCO as patrimony of humanity.

Dinner at a typical restaurant in the old town centre, to taste famous *cuisine* of Bologna, accompanied by a live jazz show.

After dinner we return to the hotel.

DAY 4 - Tuesday

After breakfast, the spa treatments continue.

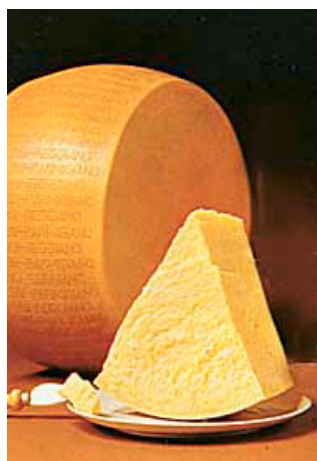
Lunch at the hotel restaurant.

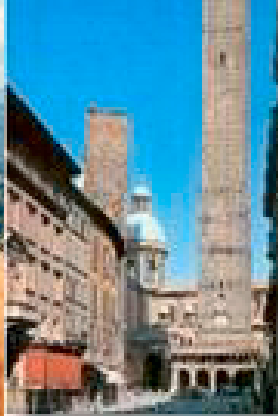
Afternoon visit to the *Ferrari museum*, in the vicinity of Modena, to learn more about the history and the "legendary red myth" of Maranello.

The itinerary continues to discover the secrets of an ancient vinegar producing family in Modena, where we will learn about the sophisticated productive cycle and to taste the true *Aceto Balsamico Tradizionale di Modena*, or the *traditional balsamic vinegar from Modena*.

Dinner will be served at a restaurant in the old town centre of Modena.

Return to the hotel after dinner.





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DAY 5 - Wednesday

Breakfast will be served earlier than usual in order to learn about the "daily production rite" at a dairy of *Parmigiano Reggiano* and taste its unique flavour, maybe also have a glass of typical local wine.

The tour continues passing the ancient walls of the Castle of Torrechiara and with lunch at the Castle restaurant.

In the afternoon return to the thermal bath to relax with spa treatments or to swim in the pool.

Dinner at the hotel restaurant.

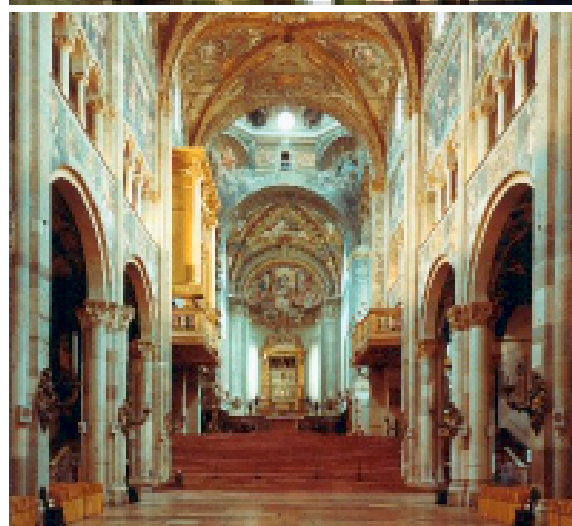


DAY 6 - Thursday

Free morning after breakfast. (The market in Parma, shopping or any other activity which we will advise you on according to the period and our preferences.)

In the afternoon, the spa and relaxation treatments will remain open until 7 p.m.

Dinner at the hotel restaurant.



DAY 7 - Friday

After breakfast, enjoy the last spa treatment day.

Lunch at the hotel restaurant.

Afternoon visit to Busseto, the town where the famous composer Giuseppe Verdi was born. Afterwards a visit to a winery where we may taste the wine produced. The "symphony of flavours" continues to Zibello, where the *Culatello* (the most precious part of the ham) is produced. There will be a tasting and all will learn about its history and have a glass of typical local wine.

To conclude the week, all will enjoy dinner at the elegant restaurant of the farm.



DAY 8 - Saturday

Breakfast and departure.

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SELECTION OF SPA TREATMENTS

N°1: 750,00 euro

- Medical consultation in English.
- 3 Hydrothermal massages (40').
- 2 Vichy showers (60').
- 2 Manual massages (60').
- 1 Aromatic beauty touch (facial treatment) (60').
- 1 Hot stone massage (90').
- 1 Lushlj (60').
- 1 Aromatic body touch (body treatment) (60').
- 1 Green clay face mask (90').
- Access to the pool with water bikes is included, both during the morning and in the afternoon.
- Access to the sauna and the Turkish bath.
- Free use of bicycles and the open-air gym with specialist equipment in the age-old park.
- Bath towel and bag as free gifts.

N°2: 400,00 euro

- 2 Acqua journeys (180').
- 1 Water source (facial treatment 60').
- 1 Detoxifying mud therapy (body treatment 60').
- 1 Hot stone massage.
- 1 Water cocoon with treatment.
- 1 Lushly ritual.
- Access to the pool with water bikes is included, both during the morning and in the afternoon.
- Access to the sauna and the Turkish bath.
- Free use of bicycles and the open-air gym with specialist equipment in the age-old park.

N°3: 200,00 euro

- 1 Vichy shower (60').
- 1 Recover touch (facial treatment 60').
- 1 Manual massage (60').
- Access to the pool with water bikes is included, both during the morning and in the afternoon.
- Access to the sauna and the Turkish bath.
- Free use of bicycles and the open-air gym with specialist equipment in the age-old park.

THE PACKAGE TOUR INCLUDES :

- 7 nights in a double room at a 4-star hotel, buffet breakfast.
- Travel assistant (English).
- Tourist materials.
- All transfers that are mentioned in the text.
- Welcome drink.
- All meals and beverages mentioned in the text.
- Guided visits to Parma and Bologna and all entrance fees to the monuments.
- Entrance fee to the Castle of Torrechiara.
- Entrance fees to locations famous for Verdi.
- Tasting occasions of *prosciutto di Parma*, *Parmigiano Reggiano*, *Aceto Balsamico Tradizionale di Modena* and *Culatello di Zibello* including beverages.
- Gym with Tecnogym equipment .
- Medical insurance and luggage insurance.
- Taxes and service percentage.

THE PACKAGE TOUR DOES NOT INCLUDE :

- Travelling costs to and from Parma.
- Thursday lunch.
- Spa treatments (1, 2 or 3) that the clients may choose upon booking the package tour.
- Bathrobe, bathing-cap, slippers (may be bought at the hotel).
- Tips, baggage handling, personal extras and all items that are not included under "the package tour includes".

PARTICIPATION FEES FOR A MINIMUM OF 15 PEOPLE

Per person in double room	1150,00 euro
Singel room supplement	145,00 euro
Supplement for a minimum of 12 people	250,00 euro

1 free participation for every 25 people

Tour participation conditions:

TOUR CONTRACT AND RESPONSIBILITY

The contracts connected to this program are in conformity with Italian law No. 1084 of December 27th, 1977 for the ratification and the execution of the International Agreement regarding travelling contracts (CVV) undersigned in Brussels on April 23rd, 1970. The responsibility of the travel organizer may never exceed the limits indicated in the law cited above.

PARTICIPANTS

The acceptance of payment depends on the availability of rooms and is effective upon the confirmation of the travel organizer.

PAYMENT

Upon registration, 25% of the participation fee must be paid for. The remaining amount must be paid one month before the departure date. If the departure date is less than one month away, then the entire participation fee must be paid for.

VALIDITY OF THE PARTICIPATION FEE

The fees are calculated according to the exchange rate on February 29th, 2004 and the carrier rates, which means that they may vary according to the variations of the exchange rate and the carrier rates. If the total cost increases more than 10%, the participant has the right to renounce his participation with an integral reimbursement of the amount already paid, on condition that the Organization receives a written note regarding this within 72 hours after having received information about the increase.

CANCELLATIONS

The participant may cancel his participation in the tour only by means of a registered letter or fax that must arrive at least 3 days before the departure date. The amount will be reimbursed to the participant, minus the following sum:

- 10% of the participation fee up to 30 working days before the departure date;
- 25% of the participation fee from 29 to 21 working days before the departure;
- 50% of the participation fee from 20 to 11 working days before the departure;
- 75% of the participation fee from 10 to 3 working days before the departure;
- 100% of the participation fee thereafter.

No reimbursement will be made to those who cannot leave due to the lack of or false travelling documents. No reimbursement will be made to anybody who does not show up for departure or cancels the tour once it has already begun. The participant may be substituted by another person, if the organizing company is informed about this at least 10 days before the departure date, in writing, and on condition that the person satisfy the particular requirements for the tour and that he satisfies all requirements necessary for the journey, without any problems regarding the passport, visas, etc. In this case, no amount will be debited to the participant.

CANCELLATION OF THE TOUR BY THE ORGANIZING COMPANY

The organizing company may annul the contract any time, in conformity with paragraph 10 of the Italian Law 1084 of the December 27th, 1977 concerning the International Agreement regarding travel contracts, without any other obligation than to reimburse the amounts that have been paid already. The organizer may also cancel the contract without any indemnity, if the minimum number of participants indicated in the program has not been reached, on condition that the participant has been informed about this at least 15 days before the departure date.

RESPONSIBILITY OF THE CARRIER

In any situation, the responsibility of the organizer is excluded in regards to all damages that the participant may complain about deriving from causes that do not depend upon himself or others but that influence the services indicated in the contract, i.e. incidents or acts of God. Neither the organizer nor others may be considered responsible for damages that derive from services supplied by a third party, outside the package tour and that derive from autonomous initiatives taken by the participant during the tour.

COMPETENT COURT

Only the Court of Bologna shall be the competent court for any controversies.

Naval Insurance Policy No. 4136834/N.

Obligatory communication according to paragraph 16 of Italian Law No. 269/1996: the Italian legislation punishes by reclusion all crimes regarding juvenile prostitution and pornography, also if they are committed abroad.

Authorization from the Province of Bologna required.



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